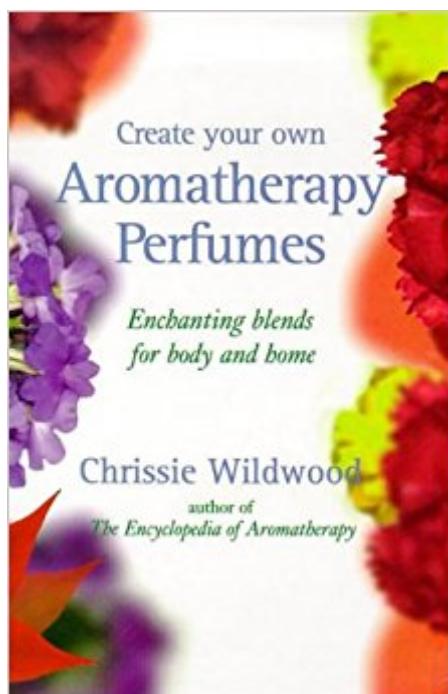


The book was found

Create Your Own Aromatherapy Perfumes: Enchanting Blends For Body And Home



Synopsis

This text provides the information needed to blend essential oils imaginatively in order to create room scents and perfumes at home. The author profiles over 45 different oils, including their healing and mood-enhancing properties, and advises on which blend well together.

Book Information

Paperback: 160 pages

Publisher: Piatkus Books; Rev Sub edition (October 1999)

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Product Dimensions: 0.8 x 6 x 8.8 inches

Shipping Weight: 8 ounces

Average Customer Review: 3.8 out of 5 stars 3 customer reviews

Best Sellers Rank: #2,322,775 in Books (See Top 100 in Books) #87 in Books > Engineering & Transportation > Engineering > Chemical > Cosmetics #1471 in Books > Health, Fitness & Dieting > Alternative Medicine > Aromatherapy #5417 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style

Customer Reviews

i love this book. if you are interested in finding out how to scent anything, be it your body, hair, skin, lotions, bath oils, or your living room -- this book is a great place to start. It is a marvelous introduction to aromatherapy focussing on teaching the basic principles you will need to understand in order to create your own blends. The book also lists a mulititude of excellent sample blends and imparts a wealth of knowledge on the essential oils and how to use them effectively. there's something in here for everyone.

It is imperative readers are informed and ensure that there are options in choosing where books are bought. This is one lesser of many outrageously priced, books on this website.

I love the idea of using entirely natural substances with many proven benefits for mind, body and soul, to make perfumes. This book is a pretty decent introduction. There are numerous perfume recipies which encourage creativity and experimentation. The book is clear, serves its purpose and is clearly based on a lot of experience about combining scents. It gets four stars rather than five

because it is a little modest in its aims - it doesn't use any of the exotic oils to make perfumes - and a little sparse on explaining the real magic of essential oils -ie that they are extraordinary complex substances that work on a physical, emotional and spiritual realm simultaneously. For books that do wonderful justice to essential oils see Valerie Wormwood's *Fragrant Mind* and *Fragrant Heavens*.

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Create Your Own Aromatherapy Perfumes: Enchanting Blends for Body and Home Aromatherapy & Essential Oils: The Complete Aromatherapy & Essential Oils Guide for Beginners (Essential Oils Book, Aromatherapy Book, Essential Oils and Aromatherapy Recipes for Everyone) Aromatherapy: 30 Aromatherapy Recipes From My Aromatherapy Private Collection :: Proven Aromatherapy Recipes That Work! Aromatherapy Recipes: Simple Aromatherapy Blends and Essential Oils for Beginners. Massage Oils for Wellness, Beauty and Relaxation Perfumes and Spices - Including an Account of Soaps and Cosmetics - The Story of the History, Source, Preparation, And Use of the Spices, Perfumes, Soaps, And Cosmetics Which Are in Everyday Use Essential Oil Diffuser Recipes: 100+ of the best aromatherapy blends for home, health, and family Aromatherapy: 600 Aromatherapy Recipes for Beauty, Health & Home - Plus Advice & Tips on How to Use Essential Oils Make Your Own Cosmetics: Recipes, Skin Care, Body Care, Hair Care, Perfumes, and Fragrancing, Herbs, Essential Oils, Cosmetic Ingredients... (Neal's Yard Remedies) Herbs for Natural Beauty: Create Your Own Herbal Shampoos, Cleansers, Creams, Bath Blends, and More. A Storey BASICSÃ  Title Essential Oil Magic For Quick & Safe Cleaning: 75+ Homemade Recipe, A Reference Complete Pocket Book a-z to get Started with Aromatherapy, with Best Diffuser, DIY Essential Oil Blends, Cleanse Making Herbal Dream Pillows : Secret Blends for Pleasant Dreams (The Spirit of Aromatherapy) Enchanting and Potions Handbook for Minecraft: Master the Art of Enchanting in Minecraft: Unofficial Minecraft Guide Minecraft: Enchanting and Potions Guide: Master the Art of Enchanting in Minecraft (Unofficial Minecraft Guide) (MineGuides) Enchanting Indonesia (Enchanting Asia) Enchanting Laos (Enchanting Asia) Essential Aromatherapy: A Pocket Guide to Essential Oils and Aromatherapy Aromatherapy: An A-Z: The Most Comprehensive Guide to Aromatherapy Ever Published Creating Fairy Garden Fragrances: The Spirit of Aromatherapy (Storey's Spirit of Aromatherapy) The Home Distilling and Infusing Handbook, Second Edition: Make Your Own Whiskey & Bourbon Blends, Infused Spirits, Cordials & Liqueurs BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies)

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